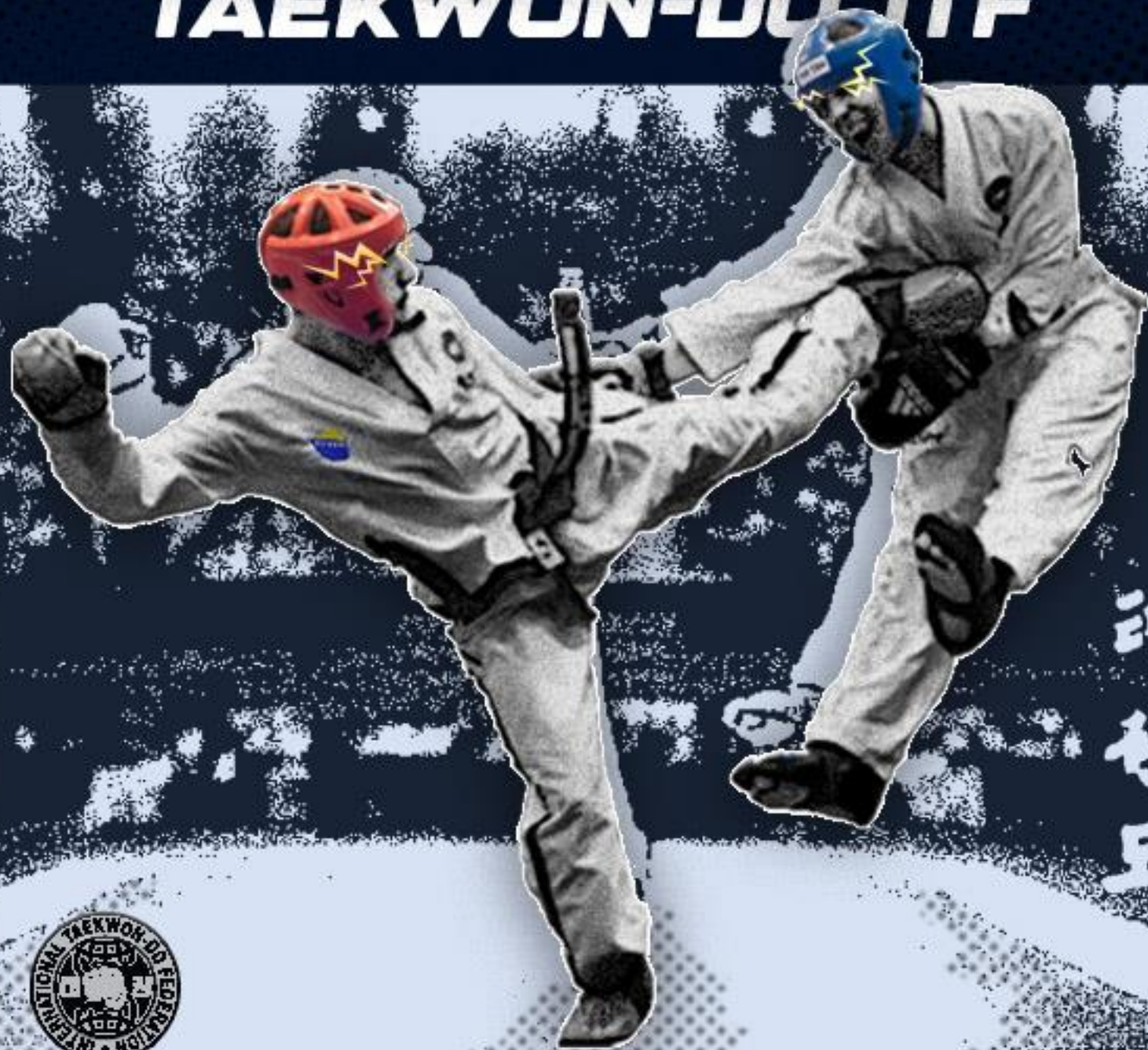


BOSNIA OPEN

NURKO - CUP

TAEKWON-DO ITF



태권도



KIDS

PRE-JUNIORS

JUNIORS

23 MAY 2026

TOP TEN



**SPORTS HALL CAZIN,
BOSNIA & HERZEGOVINA**



BOSNIA OPEN NURKO - CUP TAEKWON-DO ITF

General Information

INFORMATION

- **Date: 23 May 2026**
- **Place: Sport hall „Salih Omerčević“ Cazin**
- **Competition Disciplines: Sparring & Pattern (individually)**
- **Entry fee: 30€ for each entered competitor (sparring & pattern)**
- **Entries deadline: 21 May 2026 / Draw: 22.05.2026.**
- **Organizer: Taekwon-do club Bosna Cazin**

CONTACT

Info: +387 61 753 756 / tkdbosna@hotmail.com

Online Registration / www.tkdpoint.com

AGE GROUPS

- **Younger Boys & Girls/Pioneers: (5 to 8 years)**
- **Boys & Girls/Cadets: (9 to 11 years)**
- **Pre Juniors male & female: (12 to 14 years)**
- **Juniors male & female: (15 to 17 years)**

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INDIVIDUAL PATTERN /male & female

Waist level	Pattern	Age group
YELLOW 8-7 GUP	CHONG JI-DAN GUN	Pioneers ,Cadets, Pre-Juniors & Juniors
GREEN 6-5 GUP	CHONG JI-WON HYO	Pioneers ,Cadets, Pre-Juniors & Juniors
BLUE 4-3 GUP	CHONG JI-JOON GUN	Cadets, Pre-Juniors & Juniors
RED 2-1 GUP	CHONG JI-HWA RANG	Cadets, Pre-Juniors & Juniors
BLACK I DAN	CHONG JI-GE BAEK	Pre-Juniors & Juniors
BLACK II DAN	CHONG JI-JU CHE	Pre-Juniors & Juniors

PATTERN RULES HIGHLIGHTS

- **All categories will follow a pyramid elimination system. The minimum requirement for a pattern is 8 gup.**
- **Both competitors do the pattern together.**
- **In the final round, each competitor performs one mandatory and one optional pattern.**

INDIVIDUAL SPARRING /male & female

Age group	Weight category						
Pioneers boys	-24kg	-28kg	-32kg	-36kg	-40kg	+40kg	
Pioneers girls	-24kg	-28kg	-32kg	-36kg	-40kg	+40kg	
Cadets male	-30kg	-35kg	-40kg	-45kg	-50kg	+50kg	
Cadets female	-30kg	-35kg	-40kg	-45kg	-50kg	+50kg	
Pre-Juniors male	-40kg	-45kg	-50kg	-55kg	-60kg	-65kg	+65kg
Pre-Juniors female	-40kg	-44kg	-48kg	-52kg	-56kg	-60kg	+60kg
Juniors male	-50kg	-55kg	-60kg	-65kg	-70kg	-75kg	+75kg
Juniors female	-45kg	-49kg	-53kg	-57kg	-61kg	-65kg	+65kg

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SPARRING RULES HIGHLIGHTS

- All categories will follow a pyramid elimination system.
- Sparring for pioneers & cadets: two rounds (2x1 min.)
- Pre-juniors: two rounds (2x1,30 min.)
- Juniors: two rounds (2x2 min.).
- If there is not enough competitors in individual category the organizer can join categories together.

PROTECTIVE EQUIPMENT

- All participants must wear official ITF dobok and protective equipment according to ITF rules.
- **Red** or **blue** helmet depending on the draw.
- Groin protectors are worn inside the dobok by men only.
- A category of Individual Sparring consists of colour and black belts.
- There are no different categories according to technical degree. Minimum requirement for sparring is 8 gup.

PROTEST

The official protest must be written in 5 minutes after sparring and presented to the jury president after paying an amount of 50 € to organizers official.

AWARDS

- Medals and diplomas will be awarded for first, second and two third places individuals.
- The three most successful clubs in overall standings are getting special award-cup.
- The top performer in each category will be honoured with a trophy.
- Prizes will be awarded during tournament.

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REFEREES

- Referees will wear clothing as specified in the ITF refereeing rules. All participating teams must bring the following number of referees: **Up to 10 competitors - 1 referee, From 10 to 20 competitors - 2 referees, etc.**
- All referees will be compensated in accordance with the organizer's regulations.
- **Club that participates in the tournament without a referee must pay 50 euros on the day of the tournament (no exceptions).**
- The organizer will provide food and drinks for all referees and coaches on the day of the tournament.

WEIGHT CHECKING

- Weighing will be performed one day before the competition from 17:00 to 20:00.
- And weighing will be performed on the day of the tournament in Sports hall "Salih Omerčević" Cazin from 8.00 am till 9.00am. Tolerance is 0,5kg.
- **Each competitor that will exceed registered weight will be disqualified.**

ACCOMMODATION

If you need accommodation, you can contact the organizer to help you find the most suitable accommodation.

SCHEDULE FOR SATURDAY 23. MAY 2026.

08:00 – 09:00 / Weight-in

09:00 – 09:30 / Referee and coaches meeting

10:00 – 10:30 / Opening ceremony & Competition start

13:00 - 14:00 / Lunch break

14:00 - / Competition continuation